



AERIAL MVMT

PILATES STUDIO

PLANNING 2025-26

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
					10:00 INITIATION TOURNUS	10:00 TOURNUS
	11:00 JESSICA	11:00 STEPHEN			11:00 TOURNUS	11:00 TOURNUS
12:00 STEPHEN	12:15 MANALI	12:15 ELEONORA	12:00 STEPHEN	12:15 M-C		
13:00 STEPHEN	13:20 JESSICA	13:00 ELEONORA	13:00 STEPHEN	13:15 M-C		
	17:15 M-C	17:00 SARAH	17:00 SARAH	17:00 SARAH		
18:15 MANALI	18:15 MANALI	18:00 SARAH	17:50 SARAH	18:00 SARAH		
19:10 MANALI	19:10 MANALI	19:00 STEPHEN	18:45 STEPHEN	19:00 INITIATION SARAH		

www.aerialmvmmt.ch