



AERIAL MVMT
PILATES STUDIO

PLANNING 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
					10:00 INITIATION ANAIS	10:00 TOURNUS
	11:00 JESSICA	11:00 STEPHEN			11:00 ANAIS	11:00 TOURNUS
12:00 STEPHEN	12:15 MANALI	12:15 SARAH	12:00 STEPHEN	12:15 SARAH		
13:00 STEPHEN	13:20 JESSICA	13:00 SARAH	13:00 STEPHEN	13:15 SARAH		
	17:15 MANALI	17:00 SARAH	17:00 SARAH	17:00 SARAH		
18:15 MANALI	18:15 MANALI	18:00 STEPHEN	17:50 SARAH	18:00 SARAH		
19:10 MANALI	19:10 MANALI	19:00 STEPHEN	18:45 SARAH	19:00 INITIATION SARAH		

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